

Dear Fellow Congregant,

As you may know, Bet Torah offers a daily service. Not all synagogues do. Why do we do it? To allow for the consistent observance of Jewish rituals and, more importantly, so that congregants can break away from their lives on any given day, for a moment of reflection, spiritual refreshment and reorientation.

However, our ability to offer a daily minyan service depends on the participation of the congregation. The Talmud says that when at least ten adults gather, they form a quorum that can engage in a public service. It also allows those who are in mourning or observing a *yahrzeit* to say Kaddish.

Bet Torah's minyan duty program is an effort to ensure that we always have that quorum by dividing the membership into groups, each of which is asked to attend a daily service on two numerical days of every month. A minyan group captain sends an email to their group reminding them of their assigned days to attend a service. Services are typically on Monday - Thursday: 7:30-7:45 p.m., Friday: 6:30-7:30 p.m., and Sunday mornings: 9:00-9:35 a.m.

Supporting the minyan program comes with any number of benefits for both Bet Torah and you.

- Prayer is the GPS of the spirit, showing us where we've been and where we're going.
- Taking a break from your daily routine is restorative.
- A little introspection gives you a chance to sort things out.
- The prayer book reminds us how to be our best selves.
- We sing during our services, and singing is the safety valve of the soul.
- Our services give us a chance to say thank you, and showing gratitude is a key to all good things.
- Being a part of a group reminds us that whatever we are, and whatever we are feeling, we are not alone.

These services are informal and "come-as-you-are." You don't need experience, you won't be called on, and much of the communally sung and spoken Hebrew is transliterated.

Your team captain will advise you if the daily service is being held at a location other than Bet Torah when necessary for shiva minyans (and occasionally Saturday or Sunday nights).

Also, while not part of the minyan program, Bet Torah offers a Tuesday morning minyan service at 7:15 a.m. as an option for those who are saying Kaddish or just want to experience the camaraderie of a weekday minyan group. As an added bonus, the service is followed by coffee, bagels and lox!

You won't receive a minyan reminder for the Tuesday morning service or when one of your assigned days to attend falls on Shabbat morning.

If you've not been participating in the minyan program on your two days a month, please consider doing so and joining the community in prayer.

With best regards,

The Bet Torah Ritual Committee

Minyan Group Dates	Committee Members
1 st and 16 th	Marc Goldstein
2 nd and 17 th	Heidi Widom
3 rd and 18 th	Antony Schwartz

4 th and 19 th	Mona Kornfeld
5 th and 20 th	Marnie Metsch
6 th and 21 st	Michael Gordon
7 th and 22 nd	Jennifer Saine
8 th and 23 rd	Larry Boguchwal
9 th and 24 th	Peter Linden
10 th and 25 th	Mindy Hermann
11 th and 26 th	Lisa Horowitz
12 th and 27 th	Steve Levine
13 th and 28 th	Mitch Portnoy
14 th and 29 th	Jeff Stein
15 th and 30 th	Laura Sweig
31 st	Paul Rosenfeld
Mark Stern (Technology)	